

About Service

Welcome to Safeside Community Hub, an activity centre designed for adults with learning disabilities, physical disabilities, and mental health challenges. Our centre offers a range of tailored activities and services to support individuals with diverse needs and abilities.

Our dedicated staff members are trained to provide personalised care and support to help individuals with learning disabilities, physical disabilities, and mental health challenges thrive in our community. We strive to create a safe and inclusive environment where every individual feels valued and respected.

At Safeside Community Hub, participants can engage in a variety of activities such as arts and crafts, music therapy, sensory stimulation, and social outings. Our goal is to promote independence, enhance social skills, and improve overall well-being for all participants. Whether you are seeking a supportive community, new experiences, or simply a place to belong, Safeside Community Hub is here to support you. Contact us today to learn more about our services and how we can empower you or your loved one to live life to the fullest.



Come enjoy a delicious hot meal at our community hub. Our on-demand hot meals are sure to satisfy and provide you with the nourishment you need. Plus, the comforting flavours and aromas of our meals are sure to bring back memories and make you feel right at home.

Contact Us

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Email

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Web

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Safeside Community Hub

Adult Day Care Centre for People with Learning Disabilities, Physical Disabilities, and Mental health challenges



Why Choose Safeside Community Hub?

- **Individualised Care:** We understand that each person has unique needs and preferences, and we tailor our services to meet those requirements.
- **Experienced Staff:** Our team of dedicated professionals is trained to provide compassionate care and support to individuals with disabilities.
- **Engaging Activities:** From arts and crafts to music therapy, we offer a variety of stimulating activities to promote socialisation and personal growth.
- **Safe Environment:** Our facility is equipped with safety measures and accessibility features to ensure the well-being of all participants.
- **Community Integration:** We strive to connect individuals with disabilities to their local community through outings, volunteer opportunities, and social events.

How to access Safeside Community Hub

You could be referred to Safeside community hub:
Your social worker or care coordinator
Your GP or another health professional
Your family or a friend
Yourself.

Our Price

Our charges are very competitive. We are happy to accept payments from continuing health care, social care budgets or personal care budgets, including direct payments.

Transportation Services

Our specialised service dedicated to providing transportation for all.

- Connecting Communities
- Ensuring Accessibility for Everyone.
- From attending events to social outings or day trips, we are here to assist you! Call us today to arrange your ride:

020 3989 7290.



Opportunities at Safeside Community Hub

At Safeside Community Hub, we offer a wide range of adult day services opportunities to cater to diverse interests and preferences. Whether you enjoy physical activities, creative pursuits, community engagement, or relaxation, we have something for everyone. Some of the opportunities available include:

Swimming and hydrotherapy sessions to promote physical fitness and relaxation.

Cookery and baking classes for those interested in developing culinary skills.

Fun fitness classes such as dance, yoga, and Zumba to stay active and energised.

Training in essential life skills such as using public transport, navigating libraries, and shopping independently.

Sensory sessions to stimulate the senses and encourage exploration.

Arts and crafts activities including digital art, pottery, woodwork, and more to foster creativity.

Community-based activities like horse riding, trampolining, or climbing for outdoor adventures.

Music sessions for musical expression and enjoyment.

Gardening and growing activities for those who appreciate nature and hands-on work.